**British Meals**

**used to be- раніше був**

**bacon-бекон**

**takes a long time to prepare- займає багато часу, щоб приготувати**

**consists of- складається з**

**typical- типовий**

**pork-свинина**

**lamb- ягнятина**

**except- крім**  
Traditionally English people have three meals a day: breakfast, lunch and dinner.  
Breakfast is in the morning. It **used to be** a large meal with cereal, eggs and **bacon**, sausages, tomatoes. But such a large breakfast **takes a long time to prepare** and is not very healthy. Now Britain’s most popular breakfast **consists of** cereal, toast with marmalade, juice and yogurt with a cup of tea or coffee.  
Lunch is a light meal. Most people have no time to go back home for lunch so they eat at school, cafes, pubs or restaurants.  
The main meal is dinner, which is usually between 6 and 7 p.m. A **typical** evening meal is a meat dish with vegetables and dessert.  
The most important meal of the week is the Sunday dinner, which is usually at I p.m. The traditional Sunday dish **used to be** roast beef, but now they eat **pork**, chicken or **lamb** .  
On Sunday evenings people have supper or high tea. The famous British afternoon tea isn’t very popular, **except** at weekends.

Questions:  
1. How many meals a day do English people have?  
2. What did they use to eat for breakfast?  
3. What do they usually eat now?  
4. Is lunch a large meal?  
5. Where do English people eat lunch?  
6. What dishes do they eat for dinner?  
7. What is the most important meal of the week?  
8. Is British afternoon tea popular now?